# Welcome to MARFORSOC



Resource Packet

## Table of Contents

Identity Management	3
Security Notice: Portable Electronic Devices	4
MARSOC Preservation of the Force and Family	5-6
Distribution Management Office (DMO)	7
Trusted Traveler Program	7
Visitor Center	8
Vehicle Registration	9
Where to Live? Base vs. Off Base and Local Beaches	10-11
Spouse Employment Resources	12
School Information from School Liaison Office	13-14
Educational and Developmental Intervention Services (EDIS)	15
Children, Teen, and Youth Programs (Base and Local Info)	16-17
Exceptional Family Member Program	18
Youth Sports	19-23
Naval Medical Center Camp Lejeune (NMCCL)	24
TRICARE EAST	24
United Concordia	24
Religious Affiliated Services on Base	25
MCCS Information and Referral	26
Military OneSource	26
Veterinary Services	26

## **Identity Management**

MARFORSOC is also one of the most targeted units in the USMC. Our accomplishments on the battlefields have made us a number of enemies, and that's not even including the run-of-the-mill scammers and thieves that traditionally like to target the Military. Fortunately for you, the Identity Management (IdM) program exists here at MARFORSOC to help you stay hidden in today digital society, and become a harder target to go after in both the digital and physical domains.

#### What is Identity Management (IdM), and what can it do for me?

- IdM is the practice of **curating, sanitizing, and mitigating information** about you that is publically and readily available.
- We can help respond to incidents of hacked accounts, stolen identities, and threatening messages.
- Have questions about anything? We **provide training and education** opportunities to help show best practices and recommended tools.
- Curious about what your "Digital Footprint" looks like? We offer "Identity Assessments" during which trained IdM folks research any relevant personal info that may be available about you on the open internet, and then incorporate that into a finished product along with a tailored mitigation strategy.

## Here at MARFORSOC, we also have a few rules and recommendations in regards to IdM to help keep you and your fellow Raiders safe.

- First and foremost: You are not allowed to publically post on social media the fact that you work at MARFORSOC. This includes job sites like LinkedIn.
- The key term here is "Publically" posting such information; as long as your affiliation with MARFORSOC is only visible to friends or people that you know, its okay.
- Your family members are also held to this same standard; even though they don't work at MARFORSOC, you are also responsible and held accountable for educating your loved ones on what they can or can't post about you.

The IdM program helps service members, civilians, contractors, and family members. To learn more information about what you can do to protect you and your family's identity, as well as obtain guides on how to secure your information online:

Please feel free to contact the Identity Management Section at:

Phone: 910-440-1134 Email: joseph.a.padilla.civ@socom.mil

## Security Notice

Portable Electronic Devices (PED) are a threat and vulnerability to the Command's Restricted Areas and IT networks. Per DISA Security Technical Implementation Guide V2R1, USSOCOM Directive 380-1 and MARSOC Orders 5510.1 & 5239.3, PEDs are **NOT** authorized in MARSOC facilities.



# PORTABLE ELECTRONIC DEVICES ARE NOT AUTHORIZED IN MARSOC FACILITIES.



## MARSOC Preservation of the Force and Family (MPOTFF)

### Sports Medicine and Rehabilitation Lead: Brad Lambert brad.lambert@socom.mil

Physical Therapists and Athletic Trainers provide active duty service members timely direct access to advanced level musculoskeletal injury assessment and rehabilitation while maintaining Marines and Sailors in a full duty status or returning them back to a full duty status as quickly and safely as possible. Sports Med staff will also appropriately expedite referrals to advanced level care including imaging, injections, and surgical consultation.

#### Human Performance

## Strength, Conditioning & Injury Prevention Lead: Andy Zalaiskalns andrejs.zalaiskalns@socom.mil

Strength and Conditioning Coaches provide education, coaching, and training plan development to individuals and units. Services provided are intended to reduce musculoskeletal injury, prepare for mission oriented tasks, and support rehabilitation.

#### Performance Dietician Lead: Chris Halagarda

#### Christopher.halagarda@socom.mil

Certified Performance Dieticians are available to help personnel meet their nutrition goals and live a healthy lifestyle. Nutrition topics include: Performance nutrition, Anti-inflammatory nutrition education, Mission/training specific nutrition prep, Nutrition prep for advanced courses, Hydration testing, Nutrition for injury/surgery, Weight management, Prep for schools, training, deployment, or sporting events, and iDXA Body Composition Scan.

## Cognitive Performance

### Domain Lead: Dr. Juli Edwards julianne.g.edwards.ctr@socom.mil

Cognitive performance specialists work with MARSOC personnel to enable them to achieve their goals and improve their psychological performance. Mental performance competencies supported by CPS include: attention, memory, stress and energy management, communication, and injury recovery. CPS consult directly with individuals, teams, and larger groups to determine your performance interests and design plans to meet your specific needs.

## MARSOC Preservation of the Force and Family (MPOTFF)

Psychological Performance	Domain Lead: Dr. Joshua Tomchesson joshua.l.tomchesson.civ@socom.mil Psychologists and Licensed Clinical Social Workers (LCSWs) provide mental health care for clinical and nonclinical conditions for MARSOC personnel and families. Provides command consult, psycho/social education, deployment support, conducts psychological testing, and other related services.
Social Performance	Domain Lead: Jess Kasper  Jessica.kasper.ctr@socom.mil  SOCOM and HQMC staff work collaboratively as a team to provide family readiness, transition support, and social connectedness. Staff members are embedded throughout all MARSOC units to ensure continuity and a holistic approach to wellness.
Spiritual Performance	Force Chaplain: Chaplain Lee Axtell  lee.axtell@socom.mil  Chaplains and Religious Program Specialists provide spiritual counseling and resiliency for MARSOC personnel and their families with 100% confidentiality.
	Program Liaison: Keely Siebenthal  keely.siebenthal.ctr@socom.mil  Collect and analyze actionable data on the brain performance and function of Marines and Sailors at MARSOC in order to identify and address any immediate needs or concerns as well as maintained for future comparison.
SABRES	Sleep and Circadian Health: Dr. Shantha Gowda Shantha.gowda.ctr@socom.mil The MARSOC Sleep and Circadian Health Clinic offers in-depth education and individually tailored strategies to improve sleep and circadian health by addressing behavioral, psychological and physiological factors that interfere with sleep. Examples of strategies and treatment include minimizing jetlag while traveling, optimizing sleep during short sleep opportunities or shift work schedules, adjusting to CPAP, navigating distressing nightmares, and discontinuing sleep medications.

## Distribution Management Office (DMO)

Bldg 1011 Ash Street Camp Lejeune, NC 28546 (DMO is located on the corner of Franklin and Ash Street)



Personal Property: 910-450-8417 / ppcig@usmc.mil
Passenger: 910-451-1971 / dmo\_passenger@usmc.mil
Freight: 910-451-0728 / dmo\_frt\_omb@usmc.mil

#### Website:

https://www.lejeune.marines.mil/Offices-Staff/Distribution-Mgmt/

#### **DMO** Information Request:

Https://www.lejeune.marines.mil/Portals/27/Documents/G-4%20Docs/DMO/DMOInformationRequestPPM.pdf?ver=2017-05-11-093150-033

## Trusted Traveler program

To access the installation on a weekend or holiday, DoD ID card holders are advised to use the Trusted Traveler program, where any DoD ID card holder can escort a guest using their vehicle or with the guest traveling in immediate succession. Using Trusted Traveler requires the DoD ID card holder to remain with their guest at all times while on the installation.

For more information and updates on the Trusted Traveler Program for Camp Lejeune please visit: <a href="https://www.lejeune.marines.mil/Visitors/Trusted-Traveler-Program/">https://www.lejeune.marines.mil/Visitors/Trusted-Traveler-Program/</a>

### **Visitor Center**

Authorized DoD personnel must now request installation access for their visitors either through email or at the installation's Visitor Center.

#### MCB Camp Lejeune Visitor Center

Bldg. TT-13, adjacent the Wilson Gate on Wilson Blvd.

Hours: Monday – Friday 5:00 am to 9:00pm

#### **MCAS** New River Visitor Center

Bldg. AS-187, adjacent the Main Gate on Curtis Rd.

Hours: Monday – Friday 7:00am – 3:00pm

When the Visitor Centers are closed, individuals will not have to go to the Holcomb Boulevard Main Gate at Camp Lejeune to obtain their paperwork. MCAS New River sentries will process and issue the visitor pass on site after running a background check. Expect delays.



Base Access Pass Registration Form can be found on the following website: <a href="https://www.lejeune.marines.mil/Base-Access/Sponsored-Visitor-Form/">https://www.lejeune.marines.mil/Base-Access/Sponsored-Visitor-Form/</a>

Completed base access pass registration form can be emailed to the Wilson Gate Visitors Center at <a href="mailto:mcieast.mcb-mcasnr.dbids@usmc.mil">mcieast.mcb-mcasnr.dbids@usmc.mil</a>.

All visitor drivers MUST have their state drivers license, valid vehicle registration and proof of insurance readily available. Rental Agreements will be required for operation of rented vehicles.

Per MARADMIN 595/18 and DoD Manual 5200.08 V3, driver's licenses and identification cards marked "not valid for federal purposes," "federal limits may apply," or any other similar language may not be accepted by DoD for the purpose of unescorted access (i.e. to obtain a Visitor Pass or DBIDS Credential).

## Vehicle Registration

Active Duty service members, dependents, civilian employees and contractors are required to register their personally owned vehicle/motorcycle within 30 days of arrival.

#### Website:

https://www.lejeune.marines.mil/offices-staff/pass-registration/

#### Vehicle registration can be completed at:

- Police Records
- Building 58 Virginia Dare Drive
- MCB Camp Lejeune
- 910-451-7737 / 910-451-3478
- Monday Friday from 8:00am 3:30pm.

#### MCB Motor Vehicle Registration Requirements:

- Driver's License
- DoD Identification Card
- State Vehicle Registration
- Proof of liability insurance (must meet NC minimum of 30/60/25)
- Driver's Improvement Course Certificate (Active Duty under age 26)

#### MCB Motorcycle Registration Requirements:

- All of the above requirements
- Motorcycle Safety Foundation Course Certificate
- Motorcycle endorsement on Driver's License

#### **Rental Car Passes**

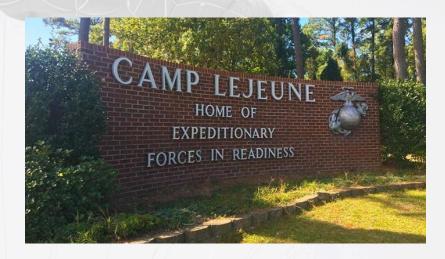
- Driver's License
- DoD Identification Card
- Rental Agreement



### Where to Live?

#### Base Housing:

On Base Housing is available on Camp Lejeune, New River, and Tarawa Terrace (TT). Stone Bay, Camp Lejeune does not have Base Housing Opportunities. If you are interested in applying for Base Housing, please see the next page for contact and application information.



#### **Off-Base Housing:**

Stone Bay, Camp Lejeune has several communities many MARSOC families have settled in and call home. Below is a list of cities to help in your search for realtors, home rentals, or buying options.

- Sneads Ferry: approximate 5-10 min commute
- Holly Ridge: approximate 15-20 min commute
- Surf City: approximate 20-30 min commute
- Topsail Beach: approximate 30 min commute
- Hampstead: approximate 30 min commute
- Wilmington: approximate 45 min 1 hour commute
- Jacksonville: approximate 30 min commute
- Swansboro: approximate 45 min commute

#### **Local Beaches:**

Eastern North Carolina has several beaches for families to enjoy and call home. From Wilmington to Emerald Isle, there is a beach town for everyone.

- Onslow County Beaches
  <a href="https://www.onlyinonslow.com/beach-days/">https://www.onlyinonslow.com/beach-days/</a>
- Visitor Guide:

  <a href="https://www.onlyinonslow.com/download-visitors-guide/">https://www.onlyinonslow.com/download-visitors-guide/</a>
- Camp Lejeune Onslow Beach and Beach Rentals
   <a href="http://www.mccslejeune-newriver.com/beach/">http://www.mccslejeune-newriver.com/beach/</a>



## **Base Housing**

#### Military Housing Office (MHO)

Building TT-43 Inchon Street, Tarawa Terrance, NC

**Applications for on-base housing** are accepted Mon-Fri, from 7:30am-3:30pm, at the MHO. You can view housing floor plans and pictures here: <a href="https://www.lejeune.marines.mil/Offices-Staff/Family-Housing-Division/Housing-Areas/">https://www.lejeune.marines.mil/Offices-Staff/Family-Housing-Division/Housing-Areas/</a>

#### **Advance Application**

An advance application may be submitted to the MHO at any time., provided the service member is/will be attached to Camp Lejeune/MCAS New River for duty.

#### **Required Supporting Documentation:**

- Application for Assignment to Housing (DD Form 1746)
- Privacy Act Release Form
- Statement of Understanding
- Sex Offender Policy Acknowledgement & Disclosure
- Pet Registration Addendum (Whether or not you have pets)

All documentation can be found by visiting the following website: <a href="https://www.lejeune.marines.mil/Offices-Staff/Family-Housing-Division/Required-Documents/">https://www.lejeune.marines.mil/Offices-Staff/Family-Housing-Division/Required-Documents/</a>

#### Documents can be submitted by:

Mail: Camp Lejeune Military Housing Office, TT-43 Inchon Street, Tarawa Terrace, NC 28543

Email: LejeuneFamilyHousing@usmc.mil
In-Person: At MHO (address listed above)

Wait times vary based on housing location. To find the most up to date wait times, please visit the following website:

https://www.lejeune.marines.mil/Offices-Staff/Family-Housing-Division/Wait-Times/

## Spouse Employment

#### Family Member Employment Assistance Program (FMEAP)

Bldg 2455K Iwo Jima Blvd.

Tarawa Terrace

910-450-1675

MCCSLejeuneFMEAP@usmc-mccs.org

Hours: Monday-Friday 8:00am-4:30pm

Website: <a href="http://www.mccslejeune-newriver.com/fmeap/">http://www.mccslejeune-newriver.com/fmeap/</a>

FMEAP provides employment assistance, training and other career development opportunities to military spouses and family members.

#### A FMEAP advisor can assist in the following areas:

- Resume Assistance Writing powerful resumes to help land an interview
- Useful networking techniques, resources, and job referrals to identify potential employers
- Workshops/Classes to provide practical application/hands on training of skills

#### FMEAP Job Search and Resources

http://www.mccslejeune-newriver.com/fmeap/122016-fmeap-job-search-listing.pdf

#### Spouse Professional Relicensing Reimbursement

The Marine Corps aims to ease this cost and assist spouses in this transition by updating policy for reimbursement of licensure expenses resulting from a PCS move, increasing the allowable amount for reimbursement to \$1,000.

https://usmc-mccs.org/articles/marine-corps-spouse-professional-relicensing-reimbursement/



## **School Information**



Dear MARSOC Family,

We would like to offer our services to support the upcoming school transition for your military children. We are standing by to provide individualized support specific to the needs of your children and family. Please feel free to begin communication early in order to provide the optimal time for critical school choice options. - Your School Liaison Team

#### Frequently Asked Questions - School Transitions to Camp Lejeune-New River

What are	Dept of Defense Schools aboard the base (seven schools) —must live on base or be on the
our	waitlist to attend. High quality schools. Scores are not reflected on the reverse because they do not
options	participate in state testing. All schools are above the national average.
for K-12	Public Schools- Onslow and Pender Counties will be in closest proximity to MARSOC
3	Magnet Schools- Part of the public school system, Onslow County has two year-round
educatio	elementary and one middle school in the magnet program. Students may attend by lottery or by
n in your	living in the protector corridor. The deadline for application will be Feb. 2021.
area?	Homeschool- NC is a homeschool friendly state with few regulations. Public schools do not
	provide support for homeschool students, but DoDEA schools do as long as you meet their
	eligibility criteria (living on base).
	Private School- There are several private schools in the area including religious and Montessori
	schools. Two are nationally accredited. The state of NC offers and Opportunity Scholarship to
	assist with private school tuition. The application period opens January 31, 2021. It is an income
	based scholarship for up to \$4200 a year.
	<b>Charter School</b> – There is only one charter school in the area. It currently has an F rating on the
	statewide report cards. They specialize in students who are not successful in traditional school
	settings.
	Additional High School options - Virtual HS, Early College, and Regional Skills Center are all
	options. Contact the school liaison for details. Deadlines are as early as Dec. 2020 to apply for the
48512	fall of 2021.
Are	Most Onslow County Elementary Schools are themed schools, so if your child has an interest in
there	leadership, STEM, or the Arts, we can assist you in locating those schools.
any	For Onslow and Base High School students there is a Regional Skills Center that offers courses in
special	automotive, construction, culinary, medical, cyber-security, and video game design.
program	There are five dual language Spanish immersion schools in the county. Students would need to
_	start in Kinder or possibly 1st grade or transfer from another dual language program.
s?	The Base high school and one in Onslow County offer JROTC. The Base USMC-JROTC is award
	winning and features an indoor shooting range.
What	NC does not offer universal PreK. They do have NCPreK that is normally income based;
about	however, all military families regardless of income qualify to apply. There are limited spaces, so
PreK?	families might be on a waiting list. Applications are available in late spring for the fall classes.
	Students with developmental delays may be served in the Onslow County Schools under Head
and the same of	Start or some other state or federal program.
	The Base schools are open to base residents and offer PreK to all four year olds and some younger
	students with developmental delays.
Point of	Julie Fulton, julie.fulton@usmc.mil, 910-449-9915
Contacts	Donna Grady, donna.grady@usmc.mil, 910-449-9749

## **School Information**

ONSLOW	Grade	Growth	Score
Bell Fork Elem	С	Not Met	58%
Blue Creek Elem	D	Met	52%
Carolina Forest Elem	С	Not Met	67%
Clyde Erwin Elem**	D	Met	45%
Dixon Elem	В	Exceeded	77%
Dixon High	В	Exceeded	78%
Dixon Middle	С	Met	66%
Hunter's Creek Elem	С	Met	56%
Hunter's Creek Middle	D	Not Met	53%
Jacksonville Com Elem	С	Met	58%
Jacksonville Com Mid	С	Met	61%
Jacksonville High	В	Met	73%
Meadow View Elem	С	Met	59%
Morton Elem	С	Exceeded	64%
New Bridge Middle*	В	Exceeded	77%
Northside High	В	Exceeded	74%
Northwoods Elem **	С	Met	56%
Northwoods Park Mid	С	Met	61%
Onslow Early College	A	Exceeded	98%
Parkwood Elem	В	Exceeded	72%
Queen's Creek Elem	В	Exceeded	74%
Richlands Elem	С	Not Met	56%
Richlands High	В	Met	74%
Heritage Elem	D	Not Met	53%
Sand Ridge Elem	С	Exceeded	69%
Silverdale Elem	С	Exceeded	69%
Southwest Elem	С	Met	60%
Southwest High	С	Met	69%
Southwest Mid	С	Met	57%
Stateside Elem	С	Met	60%
Summersill Elem	С	Exceeded	66%
Swansboro Elem	В	Met	75%
Swansboro High	В	Exceeded	80%
Swansboro Mid	С	Met	68%
Trexler Mid	С	Met	61%
White Oak High	В	Exceeded	76%

Schools did not do standardized testing in the spring of 2020 due to COVID 19. These are the most current scores. For additional information Click on the link, the county, and then the school.

www.NCReportCards.OnDemand.sas.com/ src

PENDER	Grade	Growth	Score
North Topsail Elem	В	Exceeded	81%
South Topsail Elem	В	Exceeded	80%
Topsail Elem	A	Exceeded	87%
Topsail High	В	Met	79%
Topsail Mid	В	Exceeded	82%
Surf City Elem	В	Met	78%
Surf City Mid	B	Met	73%

CARTERET	Grade	Growth	Score
Beaufort Elem	В	Met	72%
Beaufort Middle	В	Exceeded	72%
Bogue Sound Elem	В	Met	72%
Broad Creek Middle	В	Exceeded	81%
Croatan High	A	Exceeded	87%
Morehead City Elem	В	Not Met	73%
Newport Elem	С	Not Met	64%
Newport Mid	В	Exceeded	80%
White Oak Elem	В	Met	76%

			Scor
JONES	Grade	Growth	e
Maysville Elem	С	Met	63%
Jones Middle	C	Not Met	62%
Jones High	В	Met	71%

CHARTER	Grade	Growth	Score
Tiller School- Carteret	В	Not Met	77%
ZECA- Onslow	F	Met	37%

<sup>\*</sup> Magnet School

#### \*\* Year-Round Magnet School

Magnet applications are accepted beginning mid-Feb with the lottery held the first week of March. Students may apply without a local address, but must have proof of residency by the first day of school. Notes:

- Scores are determined by different criteria for elementary, middle, and high, so comparisons cannot be made among levels.
- NC's grade formula counts achievement at 80% and growth at 20% of the overall grade.
- Across the state there is a strong correlation among poverty rate and school report card score.

## Educational and Developmental Intervention Services (EDIS)

EDIS is an early intervention program that provides information and support to families who have questions or concerns about their child's development. The goal of EDIS is to work in partnership with families to encourage their infant's or toddler's continued success in learning.

## EDIS provides developmental evaluation and early intervention services to children who:

- are from birth to 36 months of age
- have suspected developmental delays or medical conditions that may impact development
- would be eligible to attend Camp Lejeune Dependents Schools if they were older
- reside in base housing in Midway Park, Tarawa Terrace, Camp Lejeune, or Marine Corps Air Station New River
- or have documentation from base Housing office stating they will be moving on base within 90 days.

**Cost:** EDIS services are provided at no cost to eligible children.

**Referrals:** Referrals can be made by anyone...concerned parents or legal custodians, medical providers, other agencies on behalf of parents.

#### **Locations:**

• Naval Medical Center Camp Lejeune:

910-450-4127

• Camp Lejeune Dependents Center:

855 Stone Street Camp Lejeune

Phone: 910-451-2461

Children's Developmental Services Agency (CDSA):

2842 Neuse Blvd New Bern, NC

Phone: 252-514-4770 or 1-866-543-7662 (toll-free for parents)

• Onslow County Schools Department of Exceptional Children:

910-455-2211

Preschool Coordinator (for ages 3-5)

910-989-2332

## Children, Youth, & Teen Programs

The Camp Lejeune Children, Youth and Teen Programs (CYT) offer affordable options to meet the needs of military families. After registering you have access to the following programs:

- Full-Time childcare for 6 weeks to 12 years of age
- Hourly Care
- Family Child Care
- Saturday Night Care
- Before/Afterschool Care
- Boys and Girls Clubs of America Programs at Youth Pavilions.

#### Registration must be completed prior to using any of their services.

Registration takes place at the Resource and Referral office of Children, Youth and Teen Program Branch at the following locations:

#### You will need to bring the following documents with you:

Child's shot record

#### Tarawa Terrace II

Child Development Center Bldg. TT 113 Camp Lejeune, NC

910.450.0553 / 910.450.0554

MCAS New River (By appointment

only)

Bldg. AS-1000 New River Air Station

910.449.5633

Hours: Monday - Friday 8:00am - 4:30pm Hours: Monday - Friday 8:00am - 4:30pm

- LES/Pay Stub
- Health Assessment (Physical Exam Form)
- Single/Dual Active Duty military MUST have a Family Care Plan.

There is no registration fee for enrollment at Camp Lejeune CYT. You can register for the waiting list if you are pregnant. This will greatly reduce the wait time for part-time and full-time daycare if it is needed.

Enroll and select your location at <a href="https://militarychildcare.com/">https://militarychildcare.com/</a>

Courthouse bay and New River CDC's are the closest in proximity to the MARSOC Compound <a href="https://www.mccslejeune-new-river.com/cvp">https://www.mccslejeune-new-river.com/cvp</a>

## Community Childcare & Family Services

The Partnership for Children is a large child and family serving organization in the local Counties. They believe investing wisely in children and families prepares the next generation for a lifetime of responsible citizenship.

#### Their services include, but not limited to:

- Early Care and Education Programs
  - Child Care Resource and Referral (CCR&R)
  - Early Head Start
  - Onslow County Preschool Programs
  - LEAD: 21st Century Community Learning Center
  - Early Literacy and Learning
- Family Support Services
  - Triple P: Positive Parenting Program
  - Child Advocacy Center
- Family Resources
  - Child Care Subsidy
  - Child Care Search

## Onslow County Partnership for Children

900 Dennis Road Jacksonville, NC 28546 910-938-0336

Website: www.OnslowKids.org

## Pender County Partnership for Children

600 N. Timberly Lane Burgaw NC 28425 910-259-9978

Website: <a href="https://www.pender4kids.com/">https://www.pender4kids.com/</a>

#### New Hanover County Partnership for Children

3534 S College Rd Wilmington, NC 28412 910-815-3731

Website: <a href="http://www.coveringkidsandfamilies.org/">http://www.coveringkidsandfamilies.org/</a>

## Exceptional Family Member Program

EFMP helps active duty service members with managing the special needs of a family member. Enrollment in the program is mandatory for active duty personnel with family members with special needs (MCO P1754.4B).

An exceptional family member (EFM) must be enrolled in DEERS and MCTFS and have a diagnosed physical, intellectual, or emotional need that requires specialized medical or educational services.

http://www.mccslejeune-newriver.com/efmp/

#### Camp Lejeune EFMP

LCH 4014 D&E Midway Park 910-451-4394

910-449-9719

Monday – Friday: 8:00am – 4:00pm

Saturday & Sunday: Closed

#### **MCAS** New River

New River EFMP Bldg. AS-207 Curtis Road 910-449-5251 910-449-4936

Monday – Friday: 8:00am-4:30pm

Saturday & Sunday: Closed



## Youth Sports: Soccer

#### Coastal Area Soccer Association

P.O. Box 205

Sneads Ferry, NC 28460

Email: casansoccer@gmail.com

Website: <a href="http://www.casa-nc.com/">http://www.casa-nc.com/</a>

contact-us.html

#### Lejeune-New River Youth Sports

Email: MCCSLejeuneYouthSports@usmc Jacksonville, NC 28541

-mccs.org

Website: <a href="http://www.mccslejeune-">http://www.mccslejeune-</a>

newriver.com/youthsports/

#### Jacksonville Area Soccer Association (JASA)

300 Morgan View Lane Jacksonville, NC 28540

Website: <a href="http://www.jasa-nc.com">http://www.jasa-nc.com</a>

#### Onslow Classic Soccer Association (OCSA)

2221 Belgrade-Swansboro Road Maysville, NC 28555

910-595-4303

Website: <a href="https://www.ocsa-nc.com">https://www.ocsa-nc.com</a>

#### Piney Green Soccer Club

Piney Green Road

Jacksonville, NC 28546

Email: vpinion4pgsc@gmail.com

Website: http://

www.pineygreensoccer.com

#### Richlands Soccer Club

565 Richlands Loop Road

Richlands, NC 28574

Email: richlandssoccerclub@gmail.com

Website: <a href="https://www.rsc-nc.com/">https://www.rsc-nc.com/</a>

#### Southwest Soccer Club

P.O. Box 96

910-376-0499

Email: swscmicros@gmail.com

Website: <a href="http://www.swsc-nc.com/">http://www.swsc-nc.com/</a>

about.html

#### Swansboro Soccer Association (SSA)

1202 Hammocks Beach Road

Swansboro, NC 28584

910-326-0159

Email: ssa.secretary.mad@gmail.com

Website: https://

www.swansborosoccerassociation.com/

ssanc

#### Surf City Fall Soccer

September – November

Registration opens in June

Surf City Parts & Recreation

Athletic Fields

201 Community Center Drive

Surf City, NC 28445

Register online: www.Surfcity.recdesk.com

Email: Althletics@surfcitync.gov

910-328-4887

## Youth Sports

#### Flag Football

#### Lejeune-New River Youth Sports

Email: MCCSLejeuneYouthSports@usmc-mccs.org

Website: <a href="http://www.mccslejeune-newriver.com/youthsports/">http://www.mccslejeune-newriver.com/youthsports/</a>

#### **Surf City**

Registration opens in July 201 Community Center Drive Surf City, NC 28445

Register online: www.Surfcity.recdesk.com

Email: Althletics@surfcitync.gov



#### **Tackle Football**

#### Carteret-Onslow Youth Football League (July - November)

Western Park Community Center 275 Old North Carolina 58 Cedar Point, NC 28584

Website: <a href="https://www.leaguelineup.com/welcome.asp?url=coyfl">https://www.leaguelineup.com/welcome.asp?url=coyfl</a>
Facebook: <a href="https://www.facebook.com/WesternParkFalcons">https://www.facebook.com/WesternParkFalcons</a>

#### Jacksonville Storm - Pop Warner (July - November)

Jacksonville, NC 910-333-6499

Email: president.jaxstorm2@gmail.com

Website: <a href="https://tshq.bluesombrero.com/jackstormpw">https://tshq.bluesombrero.com/jackstormpw</a>

#### Swansboro Pop Warner

1988 Swansboro, NC 28584

Email: Swansboropw@gmail.com

## Youth Sports

#### **Basketball**

Jacksonville Parks & Rec (November - March)

Jacksonville Commons Recreation Complex

910-938-5200

Registration Website: <a href="https://recreation.jacksonvillenc.gov/">https://recreation.jacksonvillenc.gov/</a>

wbwsc/webtrac.wsc/search.html? module=ar&type=youthbasketball



#### Lejeune-New River Youth Sports

Email: MCCSLejeuneYouthSports@usmc-mccs.org

Website: <a href="http://www.mccslejeune-newriver.com/youthsports/">http://www.mccslejeune-newriver.com/youthsports/</a>

#### Surf City Basketball

Register online: www.Surfcity.recdesk.com

#### <u>Volleyball</u>

Surf City

September - November Registration opens in June

Ages 10-13

Community Center Gymnasium

201 Community Center Drive

Surf City, NC 28445

Register online: www.Surfcity.recdesk.com

Email: Althletics@surfcitync.gov



## Youth Sports

#### Cheerleading

#### Carteret-Onslow Youth Football League (July - November)

Western Park Community Center 275 Old North Carolina 58 Cedar Point, NC 28584

Website: <a href="https://www.leaguelineup.com/welcome.asp?url=coyfl">https://www.leaguelineup.com/welcome.asp?url=coyfl</a>
Facebook: <a href="https://www.facebook.com/WesternParkFalcons">https://www.facebook.com/WesternParkFalcons</a>

#### Jacksonville Storm – Pop Warner (July – November)

Jacksonville, NC 910-333-6499

Email: president.jaxstorm2@gmail.com

Website: <a href="https://tshq.bluesombrero.com/jackstormpw">https://tshq.bluesombrero.com/jackstormpw</a>

#### Lejeune-New River Youth Sports

Email: MCCSLejeuneYouthSports@usmc-mccs.org

Website: http://www.mccslejeune-newriver.com/youthsports/

#### Onslow County Parks and Reg Youth Cheerleading - (November - March)

Dixon District (Dixon Middle School)

Richlands District (Trexler Middle School)

Southwest District (Southwest Middle School)

Swansboro District (Swansboro Middle School)

White Oak District (Hunters Creek Middle School)

#### Swansboro Pop Warner

1988 Swansboro, NC 28584

Email: Swansboropw@gmail.com



## Youth Sports: Baseball

Dixon Baseball, Softball and T-Ball

Dixon Middle School 118 Ridge Field Ave Sneads Ferry, NC 28460

Email:

dixonyouthleaguesports@gmail.com

Website: <a href="https://">https://</a>

www.onslowcountync.gov/851/Youth-

**Athletics** 

Lejeune-New River Youth Sports

Email: MCCSLejeuneYouthSports@usmc

-mccs.org

Website: http://www.mccslejeune-

newriver.com/youthsports/

Richlands Baseball, Softball and T-Ball

Trexler Middle School 112 E Foy Street

Richlands, NC 28574

Email: rll.president@yahoo.com

Website: https://

www.onslowcountync.gov/851/Youth-

**Athletics** 

Southwest Baseball, Softball and T-Ball

Onslow Pines Concession Stand 1244 Onslow Pines Road Jacksonville, NC 28540

Email: Southwestyouthleague@gmail.com

Website: <a href="https://">https://</a>

www.onslowcountync.gov/851/Youth-

**Athletics** 

Swansboro Baseball and Softball Association (SBSA)

Sanders Park

287 Swansboro Loop Road

Swansboro, NC 28584

Email: mlhollifield@gmail.com

Website: <a href="https://">https://</a>

sbsababeruthbrl.sportssignup.com/site/

ClientSite/article/1203565

White Oak Baseball, Softball and T-Ball

Morton Elementary School

485 Old 30 Road

Jacksonville, NC 28546

Email:

WhiteOakYouthLeague@gmail.com

Website: <a href="https://">https://</a>

www.onslowcountync.gov/851/Youth-

<u>Athletics</u>

Surf City T-Ball

May – June

Registration opens in April

Minors: Ages 3-4 Majors: Ages 5-6

Coaches Pitch: Ages 7-11

Register online: www.Surfcity.recdesk.com

Email: athletics@surfcitync.gov



## Naval Medical Center Camp

## <u>Lejeune</u>

## Naval Medical Center Camp Lejeune (NMCCL)

100 Brewster Blvd MCB Camp Lejeune

#### **Appointment Line**

910-450-4357 800-450-4357

Monday - Friday: 7:00am - 10:00pm

Saturday - Sunday: Closed

#### Family Medicine

910-450-4698

#### **Pediatrics**

910-450-4500

**NMCCL Quarterdeck** 

910-450-4300

#### Referral Management

910-450-HELP, Option 1

## TRICARE EAST

You will need to switch your TRICARE coverage from TRICARE West to TRICARE

East.

Humana Military

800-444-5445

www.humanamilitary.com

https://www.tricare.mil



## TRICARE Dental

#### Managed by United Concordia

844-653-4061

https://www.uccitdp.com/

## UNITED CONCORDIA®

The TRICARE Dental Program is a voluntary dental care program comprised of licensed civilian dentists who provide a wide range of diagnostic, preventative and restorative services

Sponsors can enroll though the Beneficiary Web Enrollment website: <a href="https://milconnect.dmdc.osd.mil/milconnect/">https://milconnect.dmdc.osd.mil/milconnect/</a>

## Religious Affiliated Services on Base

#### **USN Chaplain Corps Vision**

"Devoted to God and Country, we unite to deliver innovative, life transforming service throughout and beyond the Sea Services."

#### **Chaplain Corps Mission Statement**

"Our mission is to develop personnel and families of operating forces and the Camp Lejeune community for spiritual and personal readiness, through ministries or pastoral care and the provision and facilitation for the free exercise of religion."

#### Location / Hours of Operation

The MCIEAST / MCB Chaplain Corps offices are located in Building 67 near the corner of McHugh Blvd. and Virginia Dare Dr.

Our offices are open Monday through Friday from 0730 - 1630.

Our office phone number is (910) 451-3210, and if you need to speak with the Duty Chaplain after hours, please call (910) 451-2414.

Click the link below to view the MCB Camp Lejeune Chapel Services Schedule: <a href="https://www.lejeune.marines.mil/Portals/27/Documents/Chaplain/Chapel-Schedule.pdf">https://www.lejeune.marines.mil/Portals/27/Documents/Chaplain/Chapel-Schedule.pdf</a>



### **MCCS Information and Referral**

The MCCS Information and Referral is here to answer any questions you have on how MCCS can assist you. Whether you are looking for services or programs aboard Camp Lejeune or New River, or needing assistance related to relocation, they can help point you in the right direction.

The Joseph "Randy" Reichler Reception Center

Building 60, Molly Pitcher Blvd MCB Camp Lejeune 910-450-1056 910-451-7796

Hours: Monday – Friday 7:30am – 4:00pm

Website: <a href="http://www.mccslejeune-newriver.com/">http://www.mccslejeune-newriver.com/</a>



## Military OneSource

Moving is part of the adventure that comes with military life and service to the country. Military OneSource provides you with information, online tools and personalized support to help you master your move and find the best housing available so you can begin making a new home and set off on your next adventure.

https://www.militaryonesource.mil/moving-housing

https://installations.militaryonesource.mil/military-installation/camp-lejeune



## Camp Lejeune Veterinary Services

Camp Lejeune Veterinarian is located at 2459 Tarawa Terrace, Camp Lejeune, NC

28543. Camp Lejeune Veterinarian can be reached by their main phone number at (910) 450-1607.

Address: 2459 Iwo Jima Blvd, Jacksonville, NC 28543

Hours:

Saturday and Sunday: Closed

Monday - Friday: 8:00am - 4:00pm

